

Wojciech NOWICKI			Year	Result	Venue	Date	HT	30.05	Biala Podlaska	F	2.	77.92
POL 22.02.89			14	76.14	Szczecin (POL)	30.07.14	HT	14.06	Rabat	F	5.	75.31
Personal bests			13	75.87	Bydgoszcz (POL)	08.06.13	HT	20.06	Bialystok	F	1.	76.20
Event			12	73.52	Warszawa (POL)	02.06.12	HT	25.06	Turku	F	5.	74.46
Result			11	72.72	Bialystok (POL)	19.06.11	HT	27.06	Wroclaw	F	3.	76.08
Venue			10	69.59	Kielce (POL)	22.08.10	HT	07.07	Székesfehérvár	F	5.	76.09
Date			09	64.22	Bielsko-Biala (POL)	29.08.09	HT	20.07	Karłów	F	2.	73.80
HT 78.71 Bialystok (POL)			08	55.71	Zamość (POL)	06.09.08	HT	01.08	Cetniewo	F	3.	75.41
WT ind. 22.72 Bydgoszcz (POL)							HT	09.08	Szczecin	F	4.	75.01
Honours							HT	22.08	Beijing	Q2	2.	76.72
World Championships							HT	23.08	Beijing	F	3.	78.55
Pl. Event			Outdoor Results in 2015									
Competition			Event	Date	Venue	Ht.	Pl.	Result				
3. HT Beijing IAAF World Ch.			HT	09.05	Kielce	F	1.	78.58				
			HT	25.05	Ostrava	F	7.	75.37				
Progression												

Dilshod NAZAROV			1.	HT	Guangzhou Asian Ch.	10.11.09	06	74.43	Doha (QAT)		08.12.06	
TJK 06.05.82			1. <td>HT</td> <td>Doha Asian Games</td> <td>08.12.06</td> <td>05</td> <td>77.63</td> <td>Almaty (KAZ)</td> <td></td> <td>05.06.05</td>	HT	Doha Asian Games	08.12.06	05	77.63	Almaty (KAZ)		05.06.05	
Personal bests			7. <td>HT</td> <td>Bangkok Asian Games</td> <td>13.12.98</td> <td>04</td> <td>76.58</td> <td>Dushanbe (TJK)</td> <td></td> <td>13.03.04</td>	HT	Bangkok Asian Games	13.12.98	04	76.58	Dushanbe (TJK)		13.03.04	
Event			Further Honours									
Result												
Venue												
Date												
HT 80.71 Halle (GER)			2. <td>HT</td> <td>Split IAAF/VTB Bank Continental Cup</td> <td>04.09.10</td> <td>02</td> <td>69.86</td> <td>Dushanbe (TJK)</td> <td></td> <td>08.02.02</td>	HT	Split IAAF/VTB Bank Continental Cup	04.09.10	02	69.86	Dushanbe (TJK)		08.02.02	
Honours			5. <td>HT</td> <td>Thessaloniki IAAF/VTB Bank WAF</td> <td>13.09.09</td> <td>99</td> <td>63.56</td> <td>Singapore (SIN)</td> <td></td> <td>02.10.99</td>	HT	Thessaloniki IAAF/VTB Bank WAF	13.09.09	99	63.56	Singapore (SIN)		02.10.99	
World Championships			4. <td>HT</td> <td>Marrakesh IAAF Continental Cup</td> <td>13.09.14</td> <td>98</td> <td>63.91</td> <td>Bangkok (THA)</td> <td></td> <td>13.12.98</td>	HT	Marrakesh IAAF Continental Cup	13.09.14	98	63.91	Bangkok (THA)		13.12.98	
Pl. Event			1. <td>HT</td> <td>Dushanbe Tajikistani Ch.</td> <td>18.06.10</td> <td></td> <td></td> <td></td> <td></td> <td></td>	HT	Dushanbe Tajikistani Ch.	18.06.10						
Competition			1. <td>HT</td> <td>Dushanbe Tajikistani Ch.</td> <td>11.06.05</td> <td colspan="5">Outdoor Results in 2015</td>	HT	Dushanbe Tajikistani Ch.	11.06.05	Outdoor Results in 2015					
Date			5. <td>HT</td> <td>Santiago de Chile IAAF World Junior Ch.</td> <td>18.10.00</td> <td>Event</td> <td>Date</td> <td>Venue</td> <td>Ht.</td> <td>Pl.</td> <td>Result</td>	HT	Santiago de Chile IAAF World Junior Ch.	18.10.00	Event	Date	Venue	Ht.	Pl.	Result
2. HT Beijing IAAF World Ch.							HT	16.05	Halle	F	6.	72.36
5. HT Moskva IAAF World Ch.							HT	25.05	Ostrava	F	2.	79.36
Area Championships							HT	04.06	Wuhan	F	1.	77.68
Pl. Event							HT	08.06	Praha	F	1.	77.47
Competition							HT	14.06	Rabat	F	3.	76.95
Date							HT	25.06	Turku	F	3.	77.47
1. HT Incheon Asian Games			15		79.36 Ostrava (CZE)	25.05.15	HT	07.07	Székesfehérvár	F	4.	76.88
2. HT Amman Asian Ch.			14		80.62 Ostrava (CZE)	16.06.14	HT	18.07	Zhukovskiy	F	1.	78.29
2. HT Incheon Asian Ch.			13		80.71 Halle (GER)	25.05.13	HT	22.07	Karlstad	F	1.	77.95
3. HT Manila Asian Ch.			12		77.70 Montreuil-sous-Bois (FRA)	05.06.12	HT	22.08	Beijing	Q1	4.	75.56
4. HT Colombo Asian Ch.			11		80.30 Zagreb (CRO)	13.09.11	HT	23.08	Beijing	F	2.	78.55
1. HT Wuhan Asian Ch.			10		80.11 Dushanbe (TJK)	18.06.10	HT					
1. HT Pune Asian Ch.			09		79.28 Uberlandia (BRA)	20.05.09	HT					
1. HT Guangzhou Asian Games			08		79.05 Almaty (KAZ)	07.06.08	HT					
			07		78.89 Dushanbe (TJK)	16.06.07	HT					

Paweł FAJDEK			1.	HT	Cheboksary Eur. Team Ch.	20.06.15	09	72.36	Kraków (POL)		05.09.09	
POL 04.06.89			1. <td>HT <td>Szczecin Polish Ch. <td>30.07.14</td> <td>08</td> <td>64.58</td> <td>Zamość (POL)</td> <td></td> <td>06.09.08</td> </td></td>	HT <td>Szczecin Polish Ch. <td>30.07.14</td> <td>08</td> <td>64.58</td> <td>Zamość (POL)</td> <td></td> <td>06.09.08</td> </td>	Szczecin Polish Ch. <td>30.07.14</td> <td>08</td> <td>64.58</td> <td>Zamość (POL)</td> <td></td> <td>06.09.08</td>	30.07.14	08	64.58	Zamość (POL)		06.09.08	
Personal bests			1. <td>HT <td>Leiria Eur. Cup Winter Throwing</td> <td>15.03.14</td> <td colspan="5">Outdoor Results in 2015</td> </td>	HT <td>Leiria Eur. Cup Winter Throwing</td> <td>15.03.14</td> <td colspan="5">Outdoor Results in 2015</td>	Leiria Eur. Cup Winter Throwing	15.03.14	Outdoor Results in 2015					
Event			1. <td>HT <td>Nice Francophone Games</td> <td>10.09.13</td> <td>Event</td> <td>Date</td> <td>Venue</td> <td>Ht.</td> <td>Pl.</td> <td>Result</td> </td>	HT <td>Nice Francophone Games</td> <td>10.09.13</td> <td>Event</td> <td>Date</td> <td>Venue</td> <td>Ht.</td> <td>Pl.</td> <td>Result</td>	Nice Francophone Games	10.09.13	Event	Date	Venue	Ht.	Pl.	Result
Result			1. <td>HT <td>Kazan Universiade</td> <td>08.07.13</td> <td>HT</td> <td>14.03</td> <td>Leiria</td> <td>F</td> <td>2.</td> <td>76.19</td> </td>	HT <td>Kazan Universiade</td> <td>08.07.13</td> <td>HT</td> <td>14.03</td> <td>Leiria</td> <td>F</td> <td>2.</td> <td>76.19</td>	Kazan Universiade	08.07.13	HT	14.03	Leiria	F	2.	76.19
Venue			1. <td>HT <td>Gateshead Eur. Team Ch.</td> <td>22.06.13</td> <td>HT</td> <td>27.03</td> <td>Buenos Aires</td> <td>F</td> <td>1.</td> <td>80.13</td> </td>	HT <td>Gateshead Eur. Team Ch.</td> <td>22.06.13</td> <td>HT</td> <td>27.03</td> <td>Buenos Aires</td> <td>F</td> <td>1.</td> <td>80.13</td>	Gateshead Eur. Team Ch.	22.06.13	HT	27.03	Buenos Aires	F	1.	80.13
Date			1. <td>HT <td>Bielsko-Biala Polish Ch.</td> <td>16.06.12</td> <td>HT</td> <td>29.03</td> <td>Buenos Aires</td> <td>F</td> <td>1.</td> <td>78.99</td> </td>	HT <td>Bielsko-Biala Polish Ch.</td> <td>16.06.12</td> <td>HT</td> <td>29.03</td> <td>Buenos Aires</td> <td>F</td> <td>1.</td> <td>78.99</td>	Bielsko-Biala Polish Ch.	16.06.12	HT	29.03	Buenos Aires	F	1.	78.99
HT 83.93 Szczecin (POL)			1. <td>HT <td>Shenzen Universiade</td> <td>17.08.11</td> <td>HT</td> <td>11.04</td> <td>Buenos Aires</td> <td>F</td> <td>1.</td> <td>79.79</td> </td>	HT <td>Shenzen Universiade</td> <td>17.08.11</td> <td>HT</td> <td>11.04</td> <td>Buenos Aires</td> <td>F</td> <td>1.</td> <td>79.79</td>	Shenzen Universiade	17.08.11	HT	11.04	Buenos Aires	F	1.	79.79
HT (6kg) 75.31 Bydgoszcz (POL)			2. <td>HT <td>Leiria Eur. Cup Winter Throwing</td> <td>14.03.15</td> <td>HT</td> <td>16.05</td> <td>Halle</td> <td>F</td> <td>1.</td> <td>82.76</td> </td>	HT <td>Leiria Eur. Cup Winter Throwing</td> <td>14.03.15</td> <td>HT</td> <td>16.05</td> <td>Halle</td> <td>F</td> <td>1.</td> <td>82.76</td>	Leiria Eur. Cup Winter Throwing	14.03.15	HT	16.05	Halle	F	1.	82.76
WT ind. 23.22 Bydgoszcz (POL)			2. <td>HT <td>Braunschweig Eur. Team Ch.</td> <td>21.06.14</td> <td>HT</td> <td>25.05</td> <td>Ostrava</td> <td>F</td> <td>1.</td> <td>80.75</td> </td>	HT <td>Braunschweig Eur. Team Ch.</td> <td>21.06.14</td> <td>HT</td> <td>25.05</td> <td>Ostrava</td> <td>F</td> <td>1.</td> <td>80.75</td>	Braunschweig Eur. Team Ch.	21.06.14	HT	25.05	Ostrava	F	1.	80.75
Honours			2. <td>HT <td>Stockholm Eur. Team Ch.</td> <td>19.06.11</td> <td>HT</td> <td>30.05</td> <td>Biala Podlaska</td> <td>F</td> <td>1.</td> <td>78.67</td> </td>	HT <td>Stockholm Eur. Team Ch.</td> <td>19.06.11</td> <td>HT</td> <td>30.05</td> <td>Biala Podlaska</td> <td>F</td> <td>1.</td> <td>78.67</td>	Stockholm Eur. Team Ch.	19.06.11	HT	30.05	Biala Podlaska	F	1.	78.67
World Championships			3. <td>HT <td>Castellón Eur. Cup Winter Throwing</td> <td>16.03.13</td> <td>HT</td> <td>14.06</td> <td>Rabat</td> <td>F</td> <td>1.</td> <td>79.90</td> </td>	HT <td>Castellón Eur. Cup Winter Throwing</td> <td>16.03.13</td> <td>HT</td> <td>14.06</td> <td>Rabat</td> <td>F</td> <td>1.</td> <td>79.90</td>	Castellón Eur. Cup Winter Throwing	16.03.13	HT	14.06	Rabat	F	1.	79.90
Pl. Event			1. <td>HT <td>Ostrava Eur. U23 Championships</td> <td>17.07.11</td> <td>HT</td> <td>20.06</td> <td>Cheboksary</td> <td>F</td> <td>1.</td> <td>81.64</td> </td>	HT <td>Ostrava Eur. U23 Championships</td> <td>17.07.11</td> <td>HT</td> <td>20.06</td> <td>Cheboksary</td> <td>F</td> <td>1.</td> <td>81.64</td>	Ostrava Eur. U23 Championships	17.07.11	HT	20.06	Cheboksary	F	1.	81.64
Competition			4. <td>HT</td> <td>(6kg) Bydgoszcz IAAF World Junior Ch.</td> <td>12.07.08</td> <td>HT</td> <td>25.06</td> <td>Turku</td> <td>F</td> <td>1.</td> <td>80.71</td>	HT	(6kg) Bydgoszcz IAAF World Junior Ch.	12.07.08	HT	25.06	Turku	F	1.	80.71
Date							HT	27.06	Wroclaw	F	1.	81.91
1. HT Beijing IAAF World Ch.							HT	07.07	Székesfehérvár	F	1.	83.12
1. HT Moskva IAAF World Ch.			15		83.93 Szczecin (POL)	09.08.15	HT	09.07	Kwangju	F	1.	80.05
Area Championships			14		83.48 Warszawa (POL)	23.08.14	HT	20.07	Kraków	F	1.	79.74
Pl. Event			13		82.27 Dubnica nad Váhom (SVK)	21.08.13	HT	01.08	Cetniewo	F	1.	82.07
Competition			12		81.39 Montreuil-sous-Bois (FRA)	05.06.12	HT	09.08	Szczecin	F	1.	83.93
Date			11		78.54 Ostrava (CZE)	17.07.11	HT	22.08	Beijing	Q1	1.	78.38
3. HT Marrakesh IAAF Continental Cup			10		76.07 Kraków (POL)	04.09.10	HT	23.08	Beijing	F	1.	80.88
1. HT Kraków Polish Ch.												
1. HT Gwangju Universiade												